

Social Work Student Council Newsletter



S O C I A L W O R K

DELAWARE STATE UNIVERSITY
@WILMINGTON

FORGING SOLUTIONS
OUT OF CHALLENGES

MARCH 23, 2016

VOL. 2 ISSUE 3

◆ DSU@WILMINGTON ◆ SPEAKER SERIES

Wednesday, March 23, 2016 @ 7:00 PM



**Councilman
Nnamdi Chukwuocha, MSW**
Wilmington City Councilman
Delaware State University MSW alumnus

"The Role of Social Workers in Elected Office in Effecting Change at the Policy Level."

Wilmington City Councilman Nnamdi Chukwuocha is the son of the late William "Hicks" Anderson, a well-known and respected community advocate. Councilman Chukwuocha was elected on November 6, 2012, as the City Council Member for the 1st Councilmanic District for the 106th City Council Session. On November 15, 2012, he was appointed by a Council Resolution to fill the vacated First District seat for the unexpired term of the 105th Council Session.

Councilman Nnamdi Chukwuocha is a very well known and respected leader within the community. In the artistic community The Twin Poets are the epitome of spoken word artist, their words supported by their work in the community truly validates their roles as leaders nationally in the spoken word arena. In the non-profit community Nnamdi is again a well-respected, vastly experienced leader. Nnamdi's leadership and service on many, city and statewide, Boards and Commissions is deeply rooted in his direct service involvement in the community.

Source: Wilmington City Council Biography - <http://www.wilmingtonde.gov/government/1stdistrict>

DESU @ WILMINGTON EXECUTIVE COUNCIL



◆ Jennifer Meehan ◆
President
jencmeehan@verizon.net

◆ Dominique Wisher ◆
Vice President
dwisher@udel.edu

◆ Trish Minogue ◆
Secretary
trishminogue@aol.com

◆ Daniel Nyarko ◆
Treasurer
nyarkodani@yahoo.com

◆ Jon Sabo ◆
Editor-in-Chief, Author
jsabo@gmail.com

◆ Sheridan Quarless Kingsberry, PhD ◆
Faculty Advisor
SQKingsberry@desu.edu

◆ Nadia Caprice ◆
NASW-DE MSW Student Representative
ncaprice09@students.desu.edu

◆ UPCOMING EVENTS ◆

◆ NASW DE Chapter Board

Meeting Dates & Times ◆

Thursday, April 21st
@ 6:00 pm

Meeting Location:

DSU Dover Campus,
Price Building, Room 215.

The meetings are
open to the public.

PLEASE ATTEND.

◆ VIDA Multicultural Screening/Health Fair ◆

April 02, 2016

11:30 AM EDT - 2:30 PM EDT

Calling bilingual Social Workers!

For this event, Social Workers

who are bilingual in Haitian, Creole or
Spanish are need for the day.

Visit <https://tinyurl.com/he54xt8>

or Contact: Beth Krallis, Communications

Director - Delaware Breast Cancer
Coalition, Inc. 302-778-1102 ext. 1014

bkrallis@debreastcancer.org

◆ Annual Delaware Dementia Conference ◆

Alzheimer's Association,
Delaware Valley Chapter

WHEN: Tuesday, April 5, 2016,

WHERE: 500 Duncan Center,
Lookerman Street, Dover, DE,

TIME: 9:00 A.M. to 3:00 P.M.

**Pre-Registration required
by March 22, 2016.**

Presenters:

Dr. Sachin Karnik, PhD, LCSW, NCGCIIM,

CADC, CPS; Rabbi Michael Beals, Dr.

David Mills & Father Michael Angeloni.

Email, call (302-655-3261)

or fax (302-984-2269) to register.

CEU's available upon request.

Continental breakfast & lunch included.



NASW-DE Conference Attendees
Left-to-right:

Ashley Biden, MSW,

Dr. Sheridan Quarless Kingsberry, MSW, PhD,

Cicely Sawyer-Harmon, MSW,

Linda Spotts, LCSW



National Social Work Month Spotlight Series



The following is an interview with **Ms. Judith Ruley, MSW, LSW**, a retired social worker from the **Nemours/Alfred I. duPont Hospital for Children Cardiac Center**, in Wilmington, Delaware.



**Ms. Judith
Ruley
MSW, LSW**

1. Where are you from? Briefly describe your background (hometown, family, etc.)

I was born and lived in Greenwood De until I was 6, then we moved to Philadelphia, Pa. I have one brother who is 10 months older than me. My mother divorced my dad and married my stepfather.

2. Who/what motivated/inspired you to pursue a career in social work and where did you go to school prior to entering the field of social work? BSW/MSW/Other?

I had no role model but worked with many people who were social workers that shared their experiences and ideas on how to provide social work services to patients throughout the hospital setting. Parents and patients, no matter what their diagnosis, are dealing with the same concerns and fears that need to be supported.

I attended public school in Philadelphia and upon graduation was scheduled for nursing school but due to money, changed plans and went to Community College of Philadelphia for 2 years. Transferring to complete my undergraduate and graduate degrees in social work at Temple University. I have an MSW and was an LSW.

3. How long did you work as a social worker in the Nemours Cardiac Center (NCC) and how long were you a social worker prior to your recent retirement?

I worked post graduate studies at Jefferson Hospital for 2 yrs., then CHOP for 19 yrs and lastly at duPont for 18 yrs then retiring in July of 2015. At CHOP and duPont I performed the same services to cardiac families which was social work and pt liaison while in the operating room and cardiac cath. When coming to duPont and starting the Nemours Cardiac Center with Dr. William Norwood I also assisted with foreign pt services which went from arranging travel, billing, housing and follow up.

4. What were some of the best and worst parts of working in the NCC?

I loved working with each and every family that we provided service to. There were great times and bad times as it is never easy to provide tragic/devastating information to a family and their supports when a baby/child/teenager or adult is critically ill and may die. But it is also rewarding to share information and support when all is going well or when the situation turns around. I prided myself in treating patients and families of patients like they were my family, so that meant hugs, a shoulder to cry on, laughter and most important, open communication with them whether in person or on the phone. I also enjoy to hearing from parents and even patient now that they are older. I shared these happy times of pictures and letters with the staff.

5. Self-care is an important component of each social worker's career. What did you do to prevent emotional/physical/spiritual burnout during the most trying parts of your career? What advice would you give to new MSW graduates, regardless of the population they serve?

I would recommend that a new social worker learn their clients'/patients' needs and be willing to say you don't know something. Then learn all you can about the service. I believe that GOD is alive and his plans are greater than ours and we pray for the best for whatever the situation is. Enjoy the good times and have a social life outside of you job with family and friends as well as your co-workers, who become your family. I also volunteered while working and this also gave me pleasure in seeing families outside of the hospital and enjoying their lives when not in the hospital. Giving of my time to help others helped me and my children understand that we all need to be caring and kind to others no matter what we have. Everyone deserves human kindness and our children need to learn about the world so they can appreciate their world and understand others. Take vacation and days off when you can.

Interviewer's Note: I would like to thank Ms. Judith "Judi" Ruley for taking the time to answer these questions and share her background with the MSW students of Delaware State University. I know from first hand experience from my child's "stays" in the Nemours Cardiac Center the critical role Ms. Ruley played in the countless lives she touched. Each child and family, regardless of circumstances, were truly in the best of hands with Judi's care. I can say without reservation, Ms. Ruley is one of my role models and one of the reasons I am pursuing my MSW today.
- Jon Sabo

NASW DE Chapter - First Annual Conference - March 15, 2016

"Solving Problems Through Interdisciplinary Problem Analysis, Partnerships and Effective Practice"

THE WILMINGTON CAMPUS

WOULD LIKE TO CONGRATULATE

Ms. JENNIFER MEEHAN,

PRESIDENT OF ITS MSW STUDENT

COUNCIL, ON RECEIVING THE

NASW-DE CHAPTER 2016 MSW

SCHOLARSHIP.

MS. MEEHAN, TOGETHER WITH

THE BSW SCHOLARSHIP

RECIPIENT, RECEIVED HER AWARD

AT THE CHAPTER'S FIRST ANNUAL

CONFERENCE WHICH WAS HELD

ON TUESDAY, MARCH 15, 2016. THE

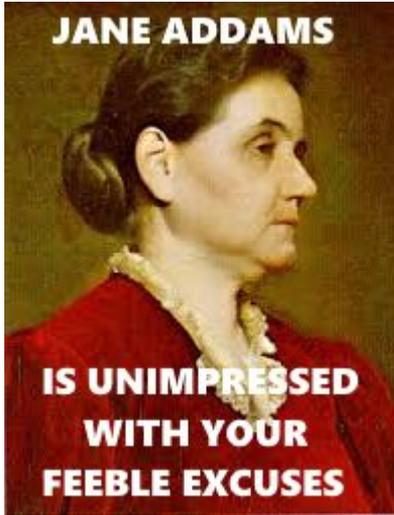
CONFERENCE WAS HELD AT

WILMINGTON UNIVERSITY IN

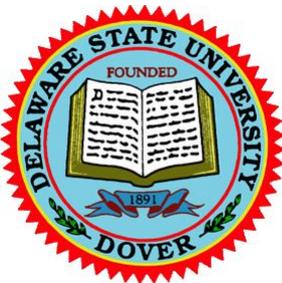
DOVER, DELAWARE.



THE SORTA SILLY SOCIAL WORKER



HAVE A TOPIC OR ISSUE YOU
WOULD LIKE COVERED
IN A FUTURE ISSUE?
WANT TO CONTRIBUTE
TO THE NEWSLETTER?
CONTACT ANY MEMBER OF THE
EXECUTIVE COUNCIL
TO DISCUSS.



"It takes considerable knowledge
just to realize the extent of your
own ignorance."

Thomas Sowell

◆ Liquid Intervention Method ◆

A social worker walks into a bar and asks the bartender,

"What's the difference between your job and mine?"

The bartender replied, "I only had to go to bartender school for 10 weeks and I learned to mix a little of this with a little of that and wait a couple of hours to have people tell me their innermost thoughts while you went to school for 6 years, paid thousands and thousands of dollars, sit session after session using technique after technique, and you still may never hear them!"

◆ Bureaucracy ◆

Q. How many social workers does it take to change a light bulb?

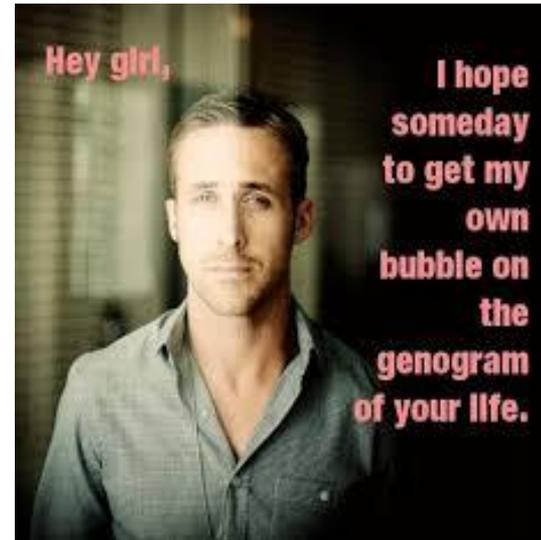
A. The light bulb must first fill out all the appropriate forms to determine eligibility for service.

◆ Interdisciplinary Indiscipline ◆

Q. When is it OK for a social worker to be judgmental?

A. Only to criticize a nurse for being judgmental.

◆ For the Ladies... ◆



Wx4 = What you need to know (stressed-out MSW student translation at end of each section)

WHO? NASW-DE chapter members and social workers **(INCLUDING YOU!)**

WHAT? NASW-DE chapter will be soliciting **donations to aid the growing Wilmington homeless population.** The chapter will be donating "Survival Bags" to the homeless. We are looking for donations of the following: **flashlights, flat can openers, refillable water bottles, travel toothpaste, toothbrushes, deodorant, hand sanitizers and body wipes.** **(STUFF YOU PROBABLY HAVE, BUT OTHERS MAY NOT!)**

WHEN? NASW-DE Chapter will be collecting donations all through March, Social Work Month. **(THAT'S RIGHT NOW!)**

WHERE? Location drop offs will be the NASW-DE conference, Delaware State University, Wilmington Campus **(WHERE YOU GO TO SCHOOL!)**



MSW @ Delaware State University @ WILMINGTON

